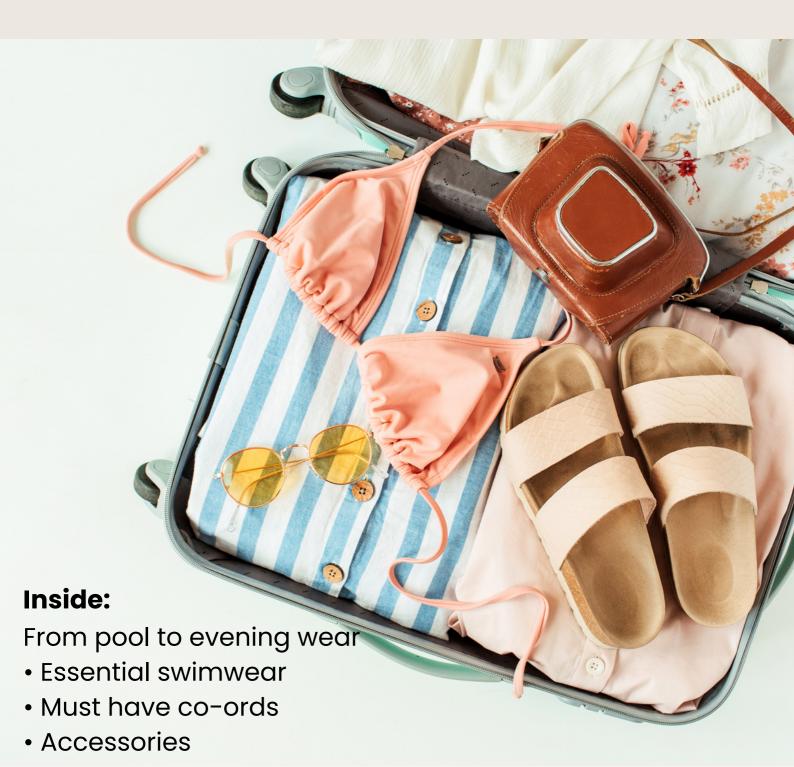
The Estilistas Capsule Series - Vol I



French Chic



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Welcome!



We all love a holiday. But packing is a pain.

Mostly, I end up over-packing and only ever wear about half of what I take on holiday.

But with airlines making it increasingly expensive to take

more luggage, it really is worth travelling light. The problem then is how you go about fitting one or two weeks worth of outfits in a tiny suitcase.

I am going away soon to Sicily so I have put together a travel capsule wardrobe and I am sticking with it! I have chosen hard-working pieces that I can mix and match with others, and can work well from day to night.

I am sharing my favourite pieces to pack to give you some inspiration in what to pack for your holiday, so you just have to worry about what refreshing cocktail you are going to order.



It's all in the co-ord-ination

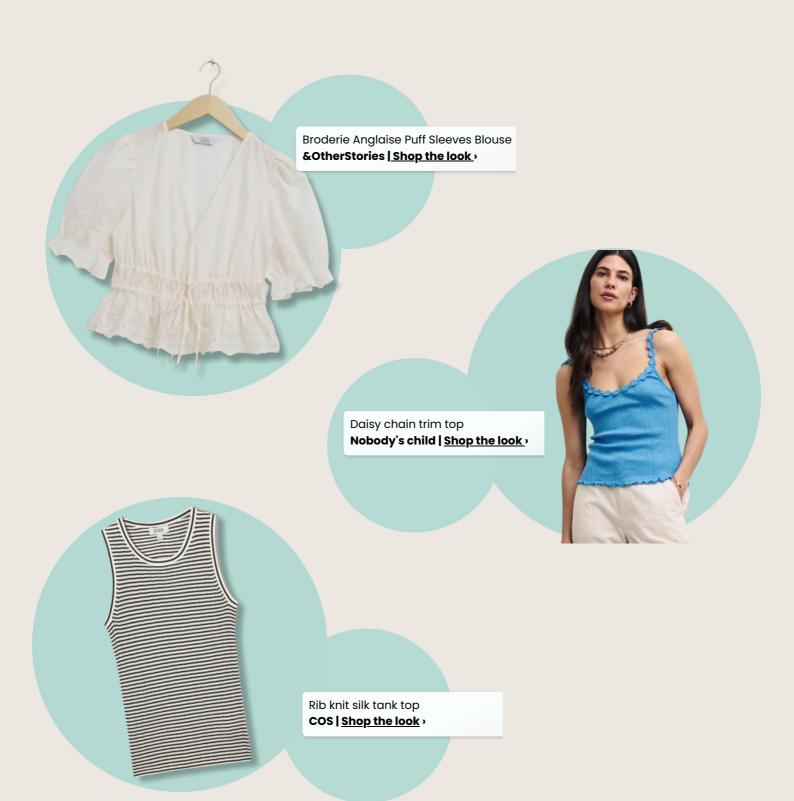
Co-ords are this season go-to cool summer pick. Shorts, shirts, trousers - monochrome or colour, plan or patterned, the choice really is endless. An essential summer capsule piece





Top of the tops

Choose a few tops that you can wear from day to night. Neutral colours and floaty fabrics are ideal.





Trouser-tastic

I recommend packing at least two pairs of trousers, both in breathable materials like linen and both in colours that will work well with the rest of your pieces.





Skirting the issue

Of course, skirts are valid option if you prefer! I love a satin skirt - they take up literally no space in a suitcase and can be worn during the day with your sandals and in the evening with heels.





Dressing it up

Dresses are the star of my summer looks. Go for neutral staples that don't require ironing. Pack a few options that you can dress up or down in an instant.





Swimming in it

I love a swimsuit because they can easily work as a top when worn with a cool pair of trousers. Alternate with a bikini to even out your tan.









Best foot forward

I always find it hard to pack shoes. You really need to consider your activities: if you are going to do a lot of sight-seeing, go for a couple of pairs of comfortable shoes plus one to go out in the evening.





It's all in the detail

Protect that gorgeous face with a hat and a cool pair of sunglasses. A bag that can multitask from airport to the beach is also a must.



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